



Bert Black Jr. Post 7400 Warrior Journal

Veterans of Foreign
Wars

Volume 17 Edition 3
March 2020

From the Commander's Desk

Hello Comrades and Sisters:

We had a busy month in February. The Auxillary put on a great Valentines Dinner at the Post. The meal was so good it sold out. Kudos to Pam and the Auxiliary.

In March we have our usual Post meals with one important change. On Tuesday, March 17th, the Post will be hosting our annual ST. PATRICKS DAY CORNED BEEF AND CABBAGE DINNER starting at 5 p.m. This will be in place of the normal Post Spaghetti Dinner. The Spaghetti Dinner will be on March 21 at 5 p.m.

Sedona will celebrate Vietnam Veterans Day on Sunday, March 29. Veterans from all wars and citizens of Sedona and Verde Valley are invited to participate. Activities will begin with a motorcycle event beginning in Verde Valley ending at the Sedona ELKS Lodge. The Missing Man ceremony will be presented followed by brief talks from representatives of veterans service organization. Lunch will be served at the Sedona ELKS Lodge (no charge, donations accepted) followed by Vietnam era music. Additional information is on page 3.

The Post will hold its first call for nominations of new Post Officers for the upcoming year. Your attendance is greatly appreciated.

Remember, we still need volunteers for a number of different activities at the Post. A few hours a day will be greatly appreciated, so come on down and have some fun.

Thank you and have a great month.

Al Tobish
Commander
VFW Post 7400

March Meals:

We invite you to take part in the meals that the VFW Post and Auxiliary work very hard to provide. We do all the cooking and clean up, so you can just come enjoy visting with friends or meet new ones.

Breakfast - March 14 - Serving starts at 8:00 a.m.

We are switching Spaghetti dinner to Specialty Dinner and Specialty dinner to Spaghetti Dinner this month only.

Specialty Dinner - March 17, Corned Beef and all the fixings - Serving starts at 5:00 p.m.

Spaghetti Dinner - March 21 - Serving starts at 5:00 p.m.

Please try and attend!

Wishing you a Happy St Patrick's Day,

The Kitchen Staff



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Special Items of Interest

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If you know of any spouse of Blue Water Navy Veterans who died due to a disease associated with Agent Orange, please encourage them to contact a Service Officer immediately. They may be entitled to VA Benefits.



Sisters and Brothers: Can you believe how time flies. February is over and March just around the corner. But good news is that winter will be over and spring is here. I hope all had a wonderful Valentines Day. I know that some did, they joined us at the Post for a wonderful Steak Dinner. It was a complete success. Thanks to all who came to the dinner and a big thank you to all who volunteered.



Lunch in the Lounge was well attended, sold out. Now tacos in the lounge is another problem. We are not doing so well. We serve tacos in the lounge every First and Third Wednesday of the month. Please try and come for tacos. Help us help the Auxiliary and the Post.

Now for March: The lunch in the lounge is March 6th at 12:30 p.m. I don't have a menu at this time but whatever it is, it will be fabulous. A \$5.00 donation is required. Tacos will be March 4th and 18th. We serve from 3:00 p.m. until 6:00 p.m.

Our next meeting is March 9th at 2:00 p.m. Please try and be there. We have a lot of things going on: elections in April, year end reports, and fixing bags to go to homeless and women's shelter.

Remember I'm just a phone call away if you have any questions or issues. That's all folks!

Pam Van Winkle
Post 7400
Auxiliary President

Fallen Comrades 2018 - 2020

<i>We are saddened by the passing of :</i>	J. Houle	F. Martinez
	G. Galloway	B. Nunez
C. Allen K. Alexander V. Apodaca G. Black K. Bonds L. Buehner P. Derosia	R. Mestre	P. O'neil
	E. Pelletier	C. Rennie
	R. Schoenwiese	R. Rognholt
	K. Steidl	W. Rohloff
	<i>The following are fondly remembered:</i>	
	J. Kreiner	
	E. Lewis	

Fallen Auxiliary Members 2018 - 2020

<i>We are saddened by the passing of:</i>	Irene Wacker
	<i>The following are fondly remembered:</i>
Sheryl Cotton Terri Johnson Patricia Kerber Shirley Pierce Grace Smith Diane Sommers	Mildred Atwell
	Jeannie Gilding
	Elizabeth Fekke
	Esther Millman





Service Officer's Corner

WELCOME HOME VIETNAM VETERANS DAY 2020

(1) SITUATION: National Vietnam War Veterans Day is a US holiday observed annually on March 29. Beginning in 2012 Sedona has celebrated Vietnam Veterans Day in coordination with Verde Valley organizations supportive of veterans. Past events have included a motorcycle event, speeches by public officials, music, picnic style food and representatives from organizations supportive of veterans.

(2) MISSION: Sedona will celebrate Vietnam Veterans Day on Sunday, March 29. Veterans from all wars and citizens of Sedona and Verde Valley will be invited to participate. Activities will begin with a motorcycle event beginning in Verde Valley ending at the Sedona ELKS Lodge. The Missing Man ceremony will be presented followed by brief talks from representatives of veterans service organization. Lunch will be served at the Sedona ELKS Lodge (no charge, donations accepted) followed by Vietnam era music. Representative of various veteran service organizations will be on hand to provide information (American Legion, VFW, VA, etc).

(3) EXECUTION:

- (a) Motorcycle Event begins in Camp Verde from American Legion Post 93 (286 S 3rd Street, Camp Verde). Staging for the ride begins 10:30 AM.
- (b) Breakfast burritos will be provided by American Legion Post 93.
- (c) Motorcycle ride will begin from Camp Verde at 11:10 AM. Command and control by Legion Riders Post 93
- (d) Route for the motorcycle ride will be thru Cottonwood, Clarkdale then to Sedona ELKS Lodge via 89A.
- (e) Motorcycle ride ends at Sedona ELKS Lodge at 12:30 PM
- (f) Opening Ceremony
- (g) Lunch by Sedona ELKS
- (h) Music from the Vietnam Era
- (i) End mission by 2:00 PM

POC: Guy Lamunyon - Glamunyon@aol.com

Schumer: U.S. Should Cover Four Ailments Linked to Agent Orange in Vietnam Vets

As reported February 19 by Bart Jones for Newsday, Sen. Chuck Schumer on Wednesday called on the federal government to recognize four ailments linked to Agent Orange exposure in Vietnam veterans, labeling it a "disgrace" the former soldiers could not get treatment decades after the war ended.

The Department of Veterans Affairs recognizes 14 illnesses linked to the highly toxic defoliant widely used in Vietnam to wipe out jungle cover and expose the enemy. That list does not include bladder cancer, hypertension, hypothyroidism, and parkinsonism, even though scientific evidence links those illnesses to Agent Orange exposure, Schumer said.

"Bean counters" at the federal Office of Management and Budget apparently "deep-sixed" coverage for the ailments a few years ago, Schumer said at a news conference at the VFW Post in Albertson.

"What a disgrace, that because it costs money, the lives of these men and women and the service they gave us is totally just discounted, ignored, forgotten," Schumer said, flanked by veterans and local officials.

"I know at OMB their job is cut back on waste. Mr. OMB — this is not waste. This is what America is about. This is not just unfair. It's cruel."

Although it conducts regular review of emerging evidence on Agent Orange, the VA said, "the department will not be announcing any new presumptive conditions until there is sufficient evidence to support an informed decision."



The Post Dispatch

Independent Budget Releases a Critical Issue Update: on Thursday, February 20, the independent budget (ib) co-authors — the veterans of foreign wars (vfw), dav (disabled american veterans), and the paralyzed veterans of america (pva), issued “the independent budget veterans agenda for the 116th congress: critical issue update.” This follow-up to its 2019 report evaluates va’s progress on 26 key recommendations the ib made last year to help ensure the va mission act of 2018 is wholly and effectively implemented. Please note that the introduction explains the status ratings used, and in many cases, individual sections contain supplemental recommendations about how the va or congress can help to achieve the goal. <http://www.independentbudget.org/116-congress>

Some Military Treatment Facilities to Stop Serving Retirees and Military Families: On Wednesday, February 19, the Pentagon released a list of military treatment facilities and clinics that will no longer provide care to military retirees and active-duty families as part of a shift in focus to supporting active-duty readiness. The report lays out the process through which officials selected the locations slated for changes that could impact 200,000 retirees and active-duty family members. Of those, about 80,000 are active-duty family members, while the remaining 120,000 are retirees and their families. <https://www.health.mil/About-MHS/OASDHA/Defense-Health-Agency/Congressional-Relations/Restructuring-and-Realignment-of-Military-Medical-Treatment-Facilities>

Military Sisterhood Initiative to go live February 18

Challenge America, in collaboration with Michigan Veterans Affairs Agency and WINC: For All Women Veterans, announced the launch of a free, social platform designed to connect women Veterans to VA and other resources, like peer-to-peer support, online courses and in-person events across the country.

The unique challenges women face during their military service can greatly complicate their transition to civilian life and make them feel isolated and invisible even among the Veteran community. “MSI is a safe place for women Veterans to connect with each other and to reclaim a sense of purpose and belonging in a community of military sisters,” explains Maggie Tolan, Program Director of Challenge America.

“The goal of MSI is to create a network of women Veterans and resources that can help fill the gaps that so many of our sisters in the military are experiencing,” said Zaneta Adams, co-founder of MSI, WINC: For All Women Veterans and the Director of the Michigan Veterans Affairs Agency. “We also want to provide an opportunity for women Veterans to come together to advocate for improvements in their community.”

Led by Challenge America, MSI was designed by and for military women, starting with an all-women Veteran summit held in Snowmass, Colo., in December 2017.

As part of its fall 2019 Challenge America: Makers For Veterans (CAMVETS) program, Challenge America partnered with Acumen Solutions, a global consultancy in cloud technology, to field a team of software consultants to design the MSI community platform. The result is a platform unlike any other: a private network that supports social media-style posts, online courses and webinars, event calendars, blog posts, direct messaging, virtual peer support circles, and sub-groups by location and branch of service.

In the MSI Community, members will be able to:

- Create a profile and connect with other military sisters near them or across the country to build one-on-one relationships.
- Ask for help when they need it and offer support to their sisters in need.
- Engage in discussions around different monthly topics and weekly challenges.
- Post and find events, resources and stories relevant to women Veteran growth and empowerment.

Women Veterans can join MSI today by visiting www.militarysisterhoodinitiative.org and clicking “Request to Join.” They will be welcomed into the network after it goes live February 18th.



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MARCH 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>12:30 p.m. Bingo</p> <p>7:00 p.m. Karaoke in the Lounge</p>	<p>2</p> <p>Service Officer in the Post 9:00 a.m.-12:00 p.m.</p> <p>Vietnam War Begins.</p>	<p>3</p> <p>Service Officer in the Post 9:00 a.m.-12:00 p.m.</p>	<p>4</p> <p>8:00 a.m. Post Work Day</p> <p>Tacos in the Lounge 3:00 p.m.-6:00 p.m.</p>	<p>5</p> <p>7:00 p.m. Karaoke in the Lounge</p>	<p>6</p> <p>10:00 a.m. Koffee Klatch</p> <p>12:30 a.m. Auxiliary Luncheon</p> <p>7:00 p.m. Post Meeting</p>	<p>7</p>
<p>8</p> <p>12:30 p.m. Bingo</p> <p>7:00 p.m. Karaoke in the Lounge</p>	<p>9</p> <p>Service Officer in the Post 9:00 a.m.-12:00 p.m.</p> <p>Auxiliary Meeting 2:30 p.m.</p>	<p>10</p> <p>Service Officer in the Post 9:00 a.m.-12:00 p.m.</p>	<p>11</p> <p>8:00 a.m. Post Work Day</p>	<p>12</p> <p>8:00 a.m. Quilters Meeting</p> <p>7:00 p.m. Karaoke in the Lounge</p>	<p>13</p>	<p>14</p> <p>8:00 a.m. Post Breakfast</p>
<p>15</p> <p>12:30 p.m. Bingo</p> <p>7:00 p.m. Karaoke in the Lounge</p>	<p>16</p> <p>Service Officer in the Post 9:00 a.m.-12:00 p.m.</p>	<p>17</p> <p>Service Officer in the Post 9:00 a.m.-12:00 p.m.</p> <p>5:00 p.m. St. Patrick's Day Specialty Dinner</p>	<p>18</p> <p>8:00 a.m. Post Work Day</p> <p>Tacos in the Lounge 3:00 p.m.-6:00 p.m.</p>	<p>19</p> <p>7:00 p.m. Karaoke in the Lounge</p>	<p>20</p> <p>Newsletter Deadline!</p>	<p>21</p> <p>Spaghetti Dinner 5:00 p.m.</p>
<p>22</p> <p>12:30 p.m. Bingo</p> <p>7:00 p.m. Karaoke in the Lounge</p>	<p>23</p> <p>Service Officer in the Post 9:00 a.m.-12:00 p.m.</p>	<p>24</p> <p>Service Officer in the Post 9:00 a.m.-12:00 p.m.</p> <p>Kosovo Campaign 1999 Flag Raising 11:00 a.m.</p>	<p>25</p> <p>8:00 a.m. Post Work Day</p>	<p>26</p> <p>8:00 a.m. Quilters Meeting</p> <p>7:00 p.m. Karaoke in the Lounge</p>	<p>27</p>	<p>28</p>
<p>29</p> <p>Vietnam Veterans Day Celebration Sedona Elks</p> <p>12:30 p.m. Bingo</p> <p>7:00 p.m. Karaoke in the Lounge</p>	<p>30</p> <p>Service Officer in the Post 9:00 a.m.-12:00 p.m.</p>	<p>31</p> <p>Service Officer in the Post 9:00 a.m.-12:00 p.m.</p> <p>End of Operation Restore Hope 1995 Flag Raising 11:00 a.m.</p>				

Veterans of Foreign Wars



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 PERMIT NO. 49

Bert Black Jr. Post 7400 Officers for 2019 - 2020

March Dates to Remember

March 6
 Koffee Klach
 10:00 a.m.
 Auxiliary Luncheon
 12:30 p.m.
 Post Meeting
 7:00 p.m.

March 9
 Auxiliary Mtg.
 2:30 p.m.

March 14
 Post Breakfast
 8:00 a.m.

March 17
 Specialty Dinner
 5:00 p.m.

March 24
 Kosovo Campaign
 Flag Raising
 11:00 a.m.

March 21
 Spaghetti Dinner
 5:00 p.m.

March 31
 End of Operation
 Restore Hope
 Flag Raising
 11:00 a.m.

Commander	A. Tobish	284-8820	President	P. Van Winkle	300-6968
Sr. Vice Cdr.	D. Gorman	284-2027	Sr. Vice	L. White	221-2703
Jr. Vice Cdr.	J. Passeno	284-8562	Jr. Vice	B. Kuzala	646-7166
Quartermaster	T. Nester	639-4616	Treasurer	C. Gorman	284-2027
Adjutant	T. Nester	639-4616	Secretary	L. Chambon-Gay	301-2847
Chaplain	J. Razo	634-6617	Chaplain	S. Whitacre	567-7409
Judge Advocate	G. Rekow	634-2722	Conductress	B. Luce	649-2129
Surgeon	R. Powell	646-6492	Guard		
Guard	A. Gallegos	634-5802	1 Year Trustee	B. Amolsch	300-7108
1 Year Trustee	E. Uzumecikis	202-2193	2 Year Trustee	S. O'connell	
2 Year Trustee	R. Luce	649-2129	3 Year Trustee	S. Patton	202-8953
3 Year Trustee	L. Stover	451-1358	Patr. Instructor	S. O'connell	

Proudly Serving

Service Officers: Jan Allbright, Ron Luce, and Tommy Nester
 Service Office Hours: Monday and Tuesday 9 a.m.-12 p.m., or by appointment.
 House Committee: Don Finney, Bob Powell, Tommy Nester, Al Tobish, Ron Luce, Larry Stover, John Razo, and Art Gallegos - Meeting 11:30 a.m. Thursdays
 Work Days: Wednesday 8:00 a.m. - 11:30 a.m., Phone: 634-9769
 Bingo Committee: T. Nester Phone: 639-4616
 Bingo Hours: Sunday 12:30 p.m. - 4:15 p.m., Phone: 634-9769
 Color Guard Commander: A. Tobish, Phone: 284-8820
 Lounge Manager: T. Nester, Phone: 639-4616
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