



# Bert Black Jr. Post 7400 Warrior Journal

Veterans of Foreign Wars

Volume 17 Edition 6  
June 2020

## From the Commander's Desk

Hello Comrades and Sisters:

In these trying times I hope today finds all of you in good health and good spirits.

VFW Post 7400 placed crosses out in the various cemeteries in the Verde Valley on Friday May 22nd. On Monday, May 25, Memorial day, our 2020-2021 Post Officers were installed. They will be listed in the July newsletter.

VFW Post 7400 will be opening on June 1st based upon the current CDC and Cottonwood guidelines. We will have Bingo with seating based on the 6 foot separation rule with Personal Protection Equipment available.

The State Convention in Phoenix is on the 6th and 7th of June this year. Several days have been removed from the schedule due to the CDC and State guidelines currently in place. This is for the safety and health of all our members.

On June 6th at 11 a.m., the Post will have a flag raising in remembrance of D-Day.

We look forward to seeing you at the Post, but be aware the changes back to being normal may take some time. Please be patient.

Be well and all the best to you and yours and Happy Fathers Day.

Al Tobish  
Commander  
VFW Post 7400



### Inside this issue

Auxiliary News	2
Fallen Comrades and Auxiliary Members	2
Service Officer's Corner	3
VFW National and Arizona News	4
Post 7400 Calendar	5
Contact Numbers	6

### Special Items of Interest

**COVID-19 information**  
Page 3

**The Post Dispatch Legislation Introduced to Expand Survivors' Benefits**  
Page 4

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### June Meals

Starting June 1st the kitchen is officially open. The Kitchen will be following the CDC guidelines. Please come and enjoy the meals since we have been closed for 2 months and lost the revenue the post and auxiliary needs to assist veterans in need. Your participation will make a big difference in the Post's ability to fulfill its mission.

- June 3 tacos in the lounge 3 p.m. to 6 p.m. Hosted by the Auxiliary
- June 5 Lunch in the lounge 12:30 p.m. to 2 p.m. serving chicken salad on a croissant with chips and dessert \$5.00
- June 13 Breakfast - 8:30 a.m. to 10 a.m.
- June 16 - Spaghetti Dinner 5 p.m. to 6:30 p.m.
- June 17 - Tacos in the lounge 3 p.m. to 6 p.m.
- June 20 - Specialty Dinner - Beef tips and noodles



Sisters and Brothers:

The shutdown is lifted. I hope all are well and not to crazy.

The post and auxiliary is back in business. The Lounge, kitchen, and Bingo is back. Make sure you check the calendar for all the important dates.

We were able to have a meeting in May to complete the election of officers. Everyone that was on the board has agreed to stay on for the 2020-2021 so they are still listed on the front of the newsletter.



In the last two newsletters I have asked that everyone please email or call me with their current mailing address, phone number, and email address. Our current roster does not include your most recent contact information. I did try and call everyone at the beginning of this shutdown had a lot of incorrect phone numbers; the I tried sending emails to keep all updated and got most of them back. The Chaplin sends our cards to members for birthdays, get well etc. and we are getting some of them back. **PLEASE** take the time to do this. My email is [pamvanwinklevfw@gmail.com](mailto:pamvanwinklevfw@gmail.com). My phone number is listed on the front of this newsletter.

Happy Fathers Day!

Helping Veterans  
Pam Van Winkle  
Auxiliary President.

### Fallen Comrades 2018 - 2020

<b><i>We are saddened by the passing of :</i></b>	J. Houle	F. Martinez
	G. Galloway	B. Nunez
C. Allen K. Alexander V. Apodaca G. Black K. Bonds L. Buehner P. Derosia	R. Mestre	P. O'neil
	E. Pelletier	C. Rennie
	R. Schoenwiese	R. Rognholt
	K. Steidl	W. Rohloff
	<b><i>The following are fondly remembered:</i></b>	
	J. Kreiner	
	E. Lewis	

### Fallen Auxiliary Members 2018 - 2020

<b><i>We are saddened by the passing of:</i></b>	Irene Wacker
	<b><i>The following are fondly remembered:</i></b>
Sheryl Cotton Terri Johnson Patricia Kerber Shirley Pierce Grace Smith Diane Sommers	Mildred Atwell
	Jeannie Gilding
	Elizabeth Fekke
	Esther Millman





## Service Officer's Corner

### COVID-19

**Post Service Officers will be available during their normal time. Call the Post to verify they are available.**

#### **What should Veterans do?**

**Any Veteran with symptoms such as fever, cough or shortness of breath should immediately contact their local VA facility. VA urges Veterans to call before visiting – you can find contact information for your closest VA facility.**

**Alternatively, Veterans can sign into My HealtheVet to send a secure message to VA or use telehealth options to explain their condition and receive a prompt diagnosis.**

**Upon arriving at VA, all patients will be screened for flu-like symptoms before they enter in order to protect other patients and staff. A VA health care professional will assist you with next steps once this screening process is complete.**

**At this time, VA is urging all visitors who do not feel well to please postpone their visits to VA facilities. How to protect yourself**

**Currently, there is no vaccine to prevent the COVID-19 infection and no medication to treat it. CDC believes symptoms appear 2 to 14 days after exposure. Avoid exposure and avoid exposing others to an infection with these simple steps.**

- **Learn to use VA Video Connect through the VA mobile app store or by contacting your VA care team, before any urgent problems arise.**
- **Wash your hands often with soap and water for at least 20 seconds. An easy way to mark the time is to hum the “Happy Birthday” song from beginning to end twice while scrubbing.**
- **Use an alcohol-based hand sanitizer that contains at least 60% alcohol.**
- **Avoid touching your eyes, nose and mouth with unwashed hands.**
- **Avoid close contact with people who are sick.**
- **Stay home when you are sick or becoming sick.**
- **Cover your cough or sneeze with a tissue (not your hands) and throw the tissue in the trash.**
- **Clean and disinfect frequently touched objects and surfaces.**
- **Getting a flu shot is recommended.**



## The Post Dispatch

**Legislation Introduced to Preserve 48-Hour Claims Review:** Sen. Jon Tester (D-MT) introduced VFW-supported S. 3761, the Veterans Claim Transparency Act. This important legislation would reinstate VA's former policy of permitting VSOs to review claims decisions within the 48-hours preceding promulgation to ensure all claims were properly evaluated and are error-free prior to a veteran receiving notification of a ratings decision. "The 48-hour review period is an essential feature of the VA claims process," said VFW National Legislative Service Associate Director Matthew Doyle. "It functions as an independent quality review check on claims decisions before final ratings are sent to veterans." The VFW thanks Senator Tester and all cosponsors for introducing this important legislation. [https://www.testersenate.gov/?p=press\\_release&id=7490](https://www.testersenate.gov/?p=press_release&id=7490)

**Senate Committee on Veterans Affairs' Chairman Pens Letter to Veterans:** Chairman Jerry Moran (R-KS) wrote a letter to America's veterans thanking them for their courage, commitment, and sacrifice. He also calls on veterans to share their stories, continue serving those around you, and reach out to fellow veterans during this unprecedented time to check-in. The VFW appreciates the chairman's commitment, and looks forward to working with him to fulfill our promise to take care of our service members, veterans, and their families. [https://vfworg-cdn.azureedge.net/-/media/VFWSite/Files/Advocacy/2020\\_LettertoAmericasVeteransChairmanMoran.pdf](https://vfworg-cdn.azureedge.net/-/media/VFWSite/Files/Advocacy/2020_LettertoAmericasVeteransChairmanMoran.pdf)

**No Copayments for COVID-19 Testing:** Under the H.R. 6201, the Families First Coronavirus Response Act, TRI-CARE will waive copays for approved COVID-19 testing that is ordered by a doctor. Beneficiaries are not responsible for copays for tests (and related provider services and supplies) furnished on or after the date of enactment. Claims that were filed with a copay will be reprocessed to remove the copayment or cost share. Beneficiaries who already paid a copay for now-covered tests can file for reimbursement by filing a factual appeal. <https://www.tricare.mil/coronavirus>

**Legislation Introduced to Expand Survivors' Benefits:** Rep. TJ Cox (D-CA) introduced VFW-supported H.R. 6933, the Caring for Survivors Act of 2020. This important legislation would increase Dependency and Indemnity Compensation (DIC) payments to an amount equal to 55 percent of the permanent and total disability monthly compensation rate, and would make survivors eligible for DIC after a veteran has consistently held a permanent and total disability rating for five years. This idea was put forth in the Independent Budget Report, co-authored by the VFW, Disabled American Veterans, and Paralyzed Veterans of America. The VFW thanks Rep. Cox and all cosponsors for their efforts to expand survivors' benefits. <https://cox.house.gov/media/press-releases/representative-tj-cox-introduces-bill-expand-veterans-survivor-benefits>

**CARES Act Extends VA Home Loan Pre-Foreclosure Options:** The Coronavirus Aid, Relief, and Economic Security Act, or CARES Act, was signed into law to help Americans economically impacted by the COVID-19 pandemic avoid home foreclosure. VA's Loan Guaranty Service is focused on ensuring veterans and their families facing temporary or more long-term difficulty paying their monthly mortgage understand their options. If you experience financial hardship caused directly or indirectly by COVID-19, you should immediately contact your loan servicer and explore options to avoid foreclosure on your VA home loan.

**Beware of COVID-19 Virus Scams:** The White House is warning the public to ignore rumors of a national quarantine due to the COVID-19 virus outbreak, which were circulated by erroneous text messages. "Text message rumors of a national #quarantine are FAKE," according to a March 15 tweet posted on the Twitter page of the National Security Council. "There is no national lockdown." Pentagon spokesman Jonathan Hoffman told defense reporters Monday that he "was not familiar" with any plans of using the U.S. military to enforce a national quarantine to contain the spread of the COVID-19 virus. Social media has been flooded with virus-related rumors, many of which are being perpetrated by cybercriminals, according to U.S. Army Criminal Investigation Command.



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Volume 17 Edition 6  
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Page 5

## JUNE 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Service Officer in the Post 9:00 a.m.-12:00 p.m.	2 Service Officer in the Post 9:00 a.m.-12:00 p.m.	3 8:00 a.m.-12:00 p.m. Post Work Day  Tacos in the Lounge 3:00 p.m.-6:00 p.m.	4 7:00 p.m. Karaoke in the Lounge	5 10:00 a.m. Koffee Klatch  12:30 a.m. Auxiliary Luncheon  7:00 p.m. Post Meeting	6 Flag Raising 11:00 a.m. D Day
					<b>VFW State Convention</b> June 6 thru June 7	
7 12:30 p.m. Bingo  7:00 p.m. Karaoke in the Lounge	8 Service Officer in the Post 9:00 a.m.-12:00 p.m.  Auxiliary Meeting. 2:00 p.m..	9 Service Officer in the Post 9:00 a.m.-12:00 p.m.	10 8:00 a.m.-12:00 p.m. Post Work Day	11 8:00 a.m. Quilters Meeting  7:00 p.m. Karaoke in the Lounge	12	13 8:00 a.m. Post Breakfast
14 12:30 p.m. Bingo  7:00 p.m. Karaoke in the Lounge  Flag Raising 11:00 a.m. Flag Day	15 Service Officer in the Post 9:00 a.m.-12:00 p.m.	16 Service Officer in the Post 9:00 a.m.-12:00 p.m.  Spaghetti Dinner 5:00 p.m.	17 8:00 a.m.-12:00 p.m. Post Work Day  Tacos in the Lounge 3:00 p.m.-6:00 p.m.	18 7:00 p.m. Karaoke in the Lounge	19 <b>Newsletter Deadline!</b>	20 5:00 p.m. Specialty Dinner
21 12:30 p.m. Bingo  7:00 p.m. Karaoke in the Lounge	22 Service Officer in the Post 9:00 a.m.-12:00 p.m.	23 Service Officer in the Post 9:00 a.m.-12:00 p.m.	24 8:00 a.m.-12:00 p.m. Post Work Day	25 8:00 a.m. Quilters Meeting  7:00 p.m. Karaoke in the Lounge	26	27
28 12:30 p.m. Bingo  7:00 p.m. Karaoke in the Lounge	29 Service Officer in the Post 9:00 a.m.-12:00 p.m.	30 Service Officer in the Post 9:00 a.m.-12:00 p.m.				

## Veterans of Foreign Wars



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COTTONWOOD, AZ 86336  
PERMIT NO. 49

### Bert Black Jr. Post 7400 Officers for 2019 - 2020

Commander	A. Tobish	284-8820	President	P. Van Winkle	300-6968
Sr. Vice Cdr.	D. Gorman	284-2027	Sr. Vice	L. White	221-2703
Jr. Vice Cdr.	J. Passeno	284-8562	Jr. Vice	B. Kuzala	646-7166
Quartermaster	T. Nester	639-4616	Treasurer	C. Gorman	284-2027
Adjutant	T. Nester	639-4616	Secretary	L. Chambon-Gay	301-2847
Chaplain	J. Razo	634-6617	Chaplain	S. Whitacre	567-7409
Judge Advocate	G. Rekow	634-2722	Conductress	B. Luce	649-2129
Surgeon	R. Powell	646-6492	Guard		
Guard	A. Gallegos	634-5802	1 Year Trustee	B. Amolsch	300-7108
1 Year Trustee	E. Uzumecikis	202-2193	2 Year Trustee	S. O'connell	
2 Year Trustee	R. Luce	649-2129	3 Year Trustee	S. Patton	202-8953
3 Year Trustee	L. Stover	451-1358	Patr. Instructor	S. O'connell	

### Proudly Serving

Service Officers: Jan Allbright, Ron Luce, and Tommy Nester

Service Office Hours: Monday and Tuesday 9 a.m.-12 p.m., or by appointment.

House Committee: Don Finney, Bob Powell, Tommy Nester, Al Tobish, Ron Luce, Larry Stover, John Razo, and Art Gallegos - Meeting 11:30 a.m. Thursdays

Work Days: Wednesday 8:00 a.m. - 11:30 a.m., Phone: 634-9769

Bingo Committee: T. Nester Phone: 639-4616

Bingo Hours: Sunday 12:30 p.m. - 4:15 p.m., Phone: 634-9769

Color Guard Commander: A. Tobish, Phone: 284-8820

Lounge Manager: T. Nester, Phone: 639-4616

Newsletter Editor: Ed Uzumecikis, PhD - E-mail: editor@vfwpost7400.org, Phone: 202-2193

### June Dates to Remember

#### June 5

Koffee Klach  
10:00 a.m.

Auxiliary Luncheon  
12:30 p.m.

#### Post Meeting

7:00 p.m.

#### June 6

D Day  
Flag Raising  
11:00 a.m.

#### June 8

Auxiliary Mtg.  
2:30 p.m.

#### June 13

Post Breakfast  
8:00 a.m.

#### June 16

Spaghetti Dinner  
5:00 p.m.

#### June 20

Specialty Dinner  
5:00 p.m.